



JUMPSTART YOUR
2018/19
SEASON



WITH THE MITCHELL METEORS GIRLS
HOCKEY

TOURNAMENT

Hosted By: Mitchell Minor Hockey

October 18-21, 2018

MITCHELL, ONTARIO

Divisions/Categories:

Novice - B, C, HL

Atom – B, C, HL

Pewee – B, C, HL

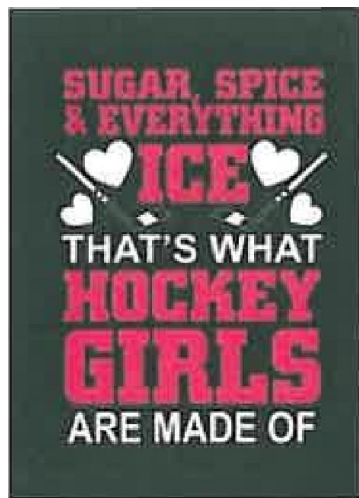
Bantam – B, C

Midget – B, C

Entry: \$800.00

Guaranteed 3 games

*Sanctioned by: OWHA *



MITCHELL METEORS WOMEN'S HOCKEY TOURNAMENT

RULES - 2018

- 1) CHA and OWHA rules shall apply except where listed below.
- 2) Teams must be registered with the OWHA, or IIHF if outside Ontario.
- 3) All teams from outside Canada require a Travel Permit, Birth Certificate, Certified Roster and Medical Insurance.
- 5) Team representatives must check in at the registration desk one (1) hour prior to the team's first game. Teams must be available to play thirty (30) minutes prior to their scheduled games.
- 6) There will be a maximum of seventeen (17) skaters plus two (2) goaltenders allowed per team, as well as a maximum of five (5) coaches, managers or trainers on the bench.
- 7) There will be a timed two (2) minute warm-up beginning when ice surface is ready.
- 8) Games will be 10-10-12 for Novice and Atom. Games will be 10-10-15 for Pee wee, Bantam & Midget. The clock will run straight time if there is a 5 goal differential in the last 5 minutes of play in the 3rd period.
- 9) Intent to injure and fighting penalties will result in the player being expelled from the game and the remainder of the tournament.

- 10) All players including teams from out of country must wear BNQ Approved neck protectors, and CHA Approved equipment.
- 11) No body checking is allowed in any division.
- 12) Round Robin play will determine group placing. Two (2) points will be awarded for a win, one (1) for a tie.
- 13) There will be no overtime during round robin games.
- 14) In the event of a tie in group placing after completion of the round robin series, the following tie breakers will be used. (A) most wins (B) record against other tied teams (C) goals for minus goals against (D) goals against (E) goals for (F) least penalty minutes (G) earliest goal scored in series (H) toss of a coin.
- 15) Overtime will be played in championship games only. Overtime will be sudden victory. It will consist of one five (5) minute stop time sudden victory period. If still tied at the end of overtime, the tie will be broken by a five (5) player shootout. Opposing shooters will start simultaneously from center ice until all five (5) players have taken their shots. If still tied, subsequent shots will be sudden victory from rotating shooters from the bench. Opposing shooters will start simultaneously from center ice. Players are only allowed to be used once in overtime shootout until entire bench is used, alternate goalie not included. Teams do not change ends after third period.
- 16) Five (5) shooters must be identified on the game sheet prior to the start of finals any player serving a penalty that has not expired by the end of sudden death overtime may not participate in the shootout. Another player will have to be designated.
- 17) One (1) thirty (30) second time out for championship games only.
- 18) Teams will have sweater colours designated on the game sheet. Coaches must bring both sets of sweaters (where available) to each game.
- 19) All decisions of the Tournament Organizing Committee are final and official scores are those posted at Mitchell Arena.

20)

TEAM NAME:

OWHA TEAM ## _____

TEAM
CONTACTS

Name:

Address:

Phone Number:

Email Address:

Division:						
Novice	B		C		HL	
Atom	B		C		HL	
Peewee	B		C		HL	
Bantam	B		C			
Midget	B		C			

(Please mark the appropriate division and category)

Team Colours

Home:

Away:

Please send forms and cheque (payable to Mitchell Minor Sports) to:

Greg Van Bakel

65 Scott Crt.

SS #1

Mitchell, ON

NOK 1N0

Email: bakes1978@gmail.com

Entry: \$800.00